

Jenna Lynn Myers

~ Author
~ Speaker
~ Educational
Consultant
~ Encourager

Jenna is a former classroom teacher, turned homeschool mom. She holds her master's in education, owns and runs an award-winning educational consulting business, is an instructor for both children and adults, and is a published author of two books: *Biblical Encouragement for Moms & Homeschooling With Purpose*. She has a passion for equipping, empowering, and encouraging parents. She believes in meeting a child where they are and that all academic progress should be celebrated. Her motto for children and parents is: "progress over perfection."



SIGNATURE TOPICS

✓ The Regulated Mom

Mom burnout and stress can feel like an uphill battle for any mom. The truth is: your nervous system sets the tone for your home, so how can you remain calm, centered, and positive? Jenna will walk you through tips and tricks to combat burnout and enjoy motherhood on a daily basis, with God at the center of it all.

✓ Building a Vision for Your Family

Meaningful connection doesn't happen by accident, it is the result of intentional prayer, planning and envisioning. Discover how to create a vision and plan to anchor your family throughout the year.

✓ Staying Present During Hard Seasons

You have little ones at home, they need your attention, your love, but you are going through a difficult period. How can you actively stay present and learn to lean on God during this time? Jenna will walk you through scripture and share some of her own real life experiences.

✓ Mom Isn't Your Identity

You hear the word mom dozens if not even hundreds of times throughout each day. People ask what you do, you reply I am a mom. Sometimes you feel it's your whole identity, but I have good news: it isn't! Walk alongside me as we explore what scripture says about your identity in Christ.

✓ Parenting a Special Needs Child

Parenting a special needs child can honestly feel quite exhausting and lonely. You are not alone though. If God called you to it, He will equip you through it. Jenna talks dyslexia, ADHD, and allowing others to help.

CONTACT DETAILS

✉ thesophisticatedteacherjlm@gmail.com

🌐 www.thesophisticatedteacher.com

☎ +301-639-9997

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LOCATION & AVAILABILITY

Jenna resides near Dulles International Airport and is available for both in person and virtual events